

Definitions

$$g = \frac{A^+ - A^-}{(A^+ + A^-)/2} \le 2,$$

$$C \equiv \frac{\epsilon_0}{2} \mathbf{E} \cdot \nabla \times \mathbf{E} + \frac{1}{2\mu_0} \mathbf{B} \cdot \nabla \times \mathbf{B}.$$

